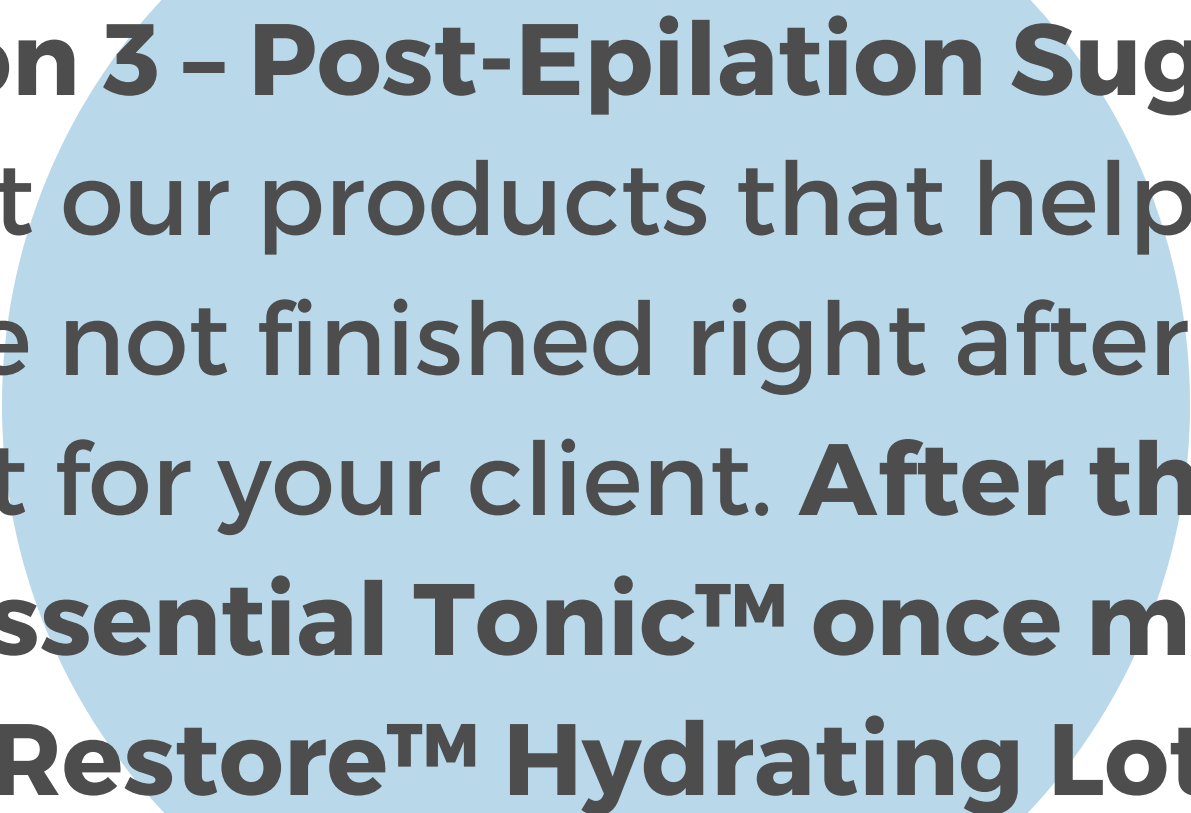




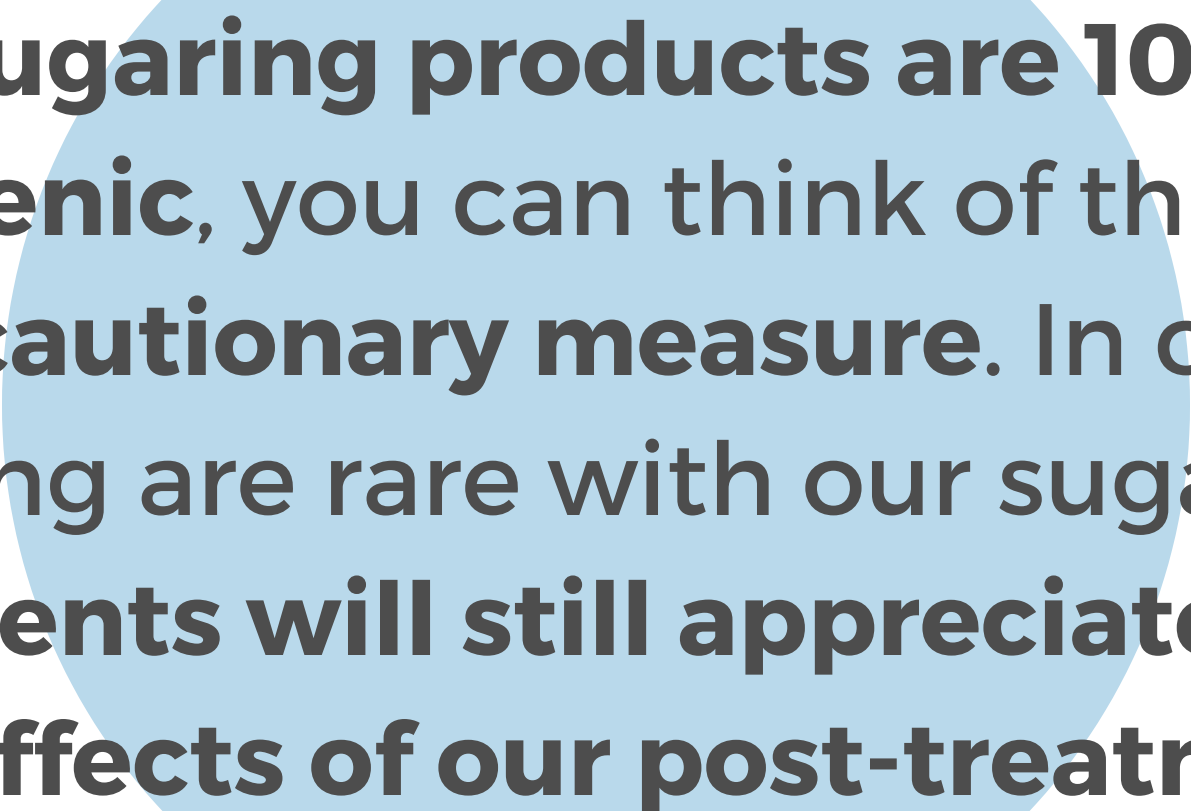
# Module 5 :

## Lesson 3

Post-Epilation Sugaring  
Products



**Welcome to Lesson 3 – Post-Epilation Sugaring Products.** In Lesson 1, we looked at our products that help you prep the skin for sugaring. But you're not finished right after you've finished the sugaring treatment for your client. **After the treatment, you'll need to apply our Essential Tonic™ once more before applying our Restore™ Hydrating Lotion.**



Because all of our **sugaring products are 100% natural, gentle, and hypoallergenic**, you can think of this post-epilation procedure as a **precautionary measure**. In other words, though redness and swelling are rare with our sugaring products and technique, **your clients will still appreciate the soothing and calming effects of our post-treatment care.**



## Essential Tonic™

As mentioned, the **Essential Tonic™** is both a pre- and post- epilation product. As a pre-epilation product, its main benefit is opening up the cuticles to allow the sugar paste to effectively grip the hair. But we also noted its many soothing and calming properties. As an anti-microbial, cell regenerator, and anti-inflammatory, **reapplying the Essential Tonic™** will ensure that any redness, soreness, and inflammation – if any – is reduced.



## Essential Tonic™

To briefly rehash, shake the bottle before spraying the tonic onto the treatment area. **Hold the bottle about 6 to 8 inches away; you don't want to be too close or far.** If you're treating a facial area, protect the eyes with a clean cloth or cotton headband. And **if you're spraying a smaller area, such as the upper lip or eyebrows, then spray the tonic into the palm of your gloved support hand and apply it with the fingers of your other gloved hand** – cotton pads might be too absorbent.



## Restore™ Hydrating Lotion

After applying the Essential Tonic™, the next post-epilation product we use is our **Restore™ Hydrating Lotion**.

It absorbs deeply into the skin, **hydrating dry and flaky sensitive skins while restoring flexibility and regenerating skin cells**. In this way, it compounds the calming, soothing, and cicatrisant effects of the Essential Tonic™. Because our Restore™ Hydrating Lotion is **lightweight and non-comedogenic**, it is gentle and **effective for all skin types, body parts, and both women and men**.



## Restore™ Hydrating Lotion

As you might guess, **our Restore™ Hydrating Lotion has the most drastic benefits for clients with dehydrated skin**, which is often the result of low water intake, weather exposure, harsh cleansers or chemicals, and aging. When sugaring clients with this skin type, you might need to mold the sugar paste more than usual to better seep it into the follicles for better results. **Dehydrated skin is more difficult to work with** the first few times because it grips the hair tightly, lending itself to ingrown hairs and irritation.



## Restore™ Hydrating Lotion

**When applying the Restore™ Hydrating Lotion, the skin should be damp, which will already have been accomplished by spraying the Essential Tonic™ after the sugaring. So, immediately after applying the tonic, begin massaging the hydrating lotion on all treatment areas until it is completely absorbed. To maximize your client's experience, if you've treated areas below the heart, then massage the hydrating lotion upwards, towards the heart. Doing so not only has an energizing effect, but it is great for circulation.**



**Mud Puddle®**

**Mud Puddle® is an all-natural Hungarian mud, rich in essential minerals and collagen. This multi-purpose rejuvenating treatment help with ingrown hair problems, treats facial blemishes and improves skin texture.**

### **Benefits for Post-Hair Removal:**

- **Anti-inflammatory properties draw away heat from the body. Can be applied after a sugaring service to reduce redness faster.**



**Mud Puddle®**

**Mud Puddle®** can be mixed with distilled water, Essential Tonic™, Restore™ Hydrating Lotion or any Dermawear™ Duo. **Mixing ratio is 1:1**

### **How to Use for Post-Hair Removal:**

- **Mix with Essential Tonic™** to help reduce redness and calm down histamines faster.
- **Mix with Restore™ Hydrating Lotion** to create a more whipped texture. This creates **more moisture** within the mask.



CC'me®

As mentioned, **CC'me® (Calm & Cool Me®)** is both a **pre-sugaring and post-sugaring product**. It is a pure and natural blend of nature's best that will **clam and cool your skin before and after removing your hair**. It is **safe and effective for all skin types and all hair removal methods** and will:

- Calm nerve endings to help reduce any discomfort felt during hair removal
- Can help to reduce redness following any hair removal treatment
- Control histamine reactions that can occur post hair removal



CC'me®

## To Use for Post-Sugaring:

- Apply to the skin post hair removal **to reduce any continuing discomfort as well as redness. Can be mixed with Restore™ Hydrating Lotion if full strength is not needed.**
- **Apply at full strength to help with histamine reactions after hair removal. The client should then apply at full strength to the affected area until the reaction resolves itself.**



By coupling the **Essential Tonic™** with our **Restore™ Hydrating Lotion**, your clients will walk away with **soft and supple skin, and restored skin health.**

Now that we've covered our pre and post epilation products and sugar pastes, **it's time to familiarize yourself with our retail products and how to market them.**